



Acknowledgement of Risk

LIABILITY RELEASE FORM

Participant's Name: _____ Date: _____

Group Name: _____

Adventure and challenge course programs (including High and Low Ropes Initiatives, Swimming Pool, Creek Walking, and/or Archery) involve a variety of activities that often include warm-ups, games, group initiatives and other rigorous physical challenges. Mt. Cross has worked hard to provide me with the proper equipment, trained facilitators and the necessary basic skills to be successful. However, I do understand that these activities are not without risk, and certain risks cannot be eliminated without destroying the unique character of the activities. I am aware that my participation in these activities may cause damage to my equipment, accidental injury, illness or in extreme cases, permanent injury or death.

I accept full responsibility for the inherent risk identified herein and those risks not fully identified. My participation is fully voluntary, no one is forcing me to participate, and I elect to participate with full knowledge of the risks involved.

I acknowledge that engaging in these activities may involve a degree of skill and knowledge, and that as a participant it is my responsibility to pay attention and ask questions, to be sure that I clearly understand everything I must know to ensure my own safety and the safety of others.

I understand that photos taken of me participating in challenge course or archery may be used for Mt. Cross publicity purposes, including but not limited to newsletters, brochures, website and videos.

I certify that I am fully capable of participating in all adventure and/or challenge course activities. Therefore, I assume full responsibility for myself and my actions. I will not hold Mt. Cross or any staff member responsible for bodily injury, death, or loss/damage to any personal property as a result of my participation in these activities. **I certify that I am ten (10) years of age on or before the date of participation in any high ropes activity.**

For all participants (including minors): I have carefully read and clearly understand and accept the terms and conditions of this agreement. I acknowledge this agreement as effective and binding between myself and my heirs and Mt. Cross.

Participant's Signature: _____ Date: _____

For participants under age 18: I have carefully read and clearly understand and accept the terms and conditions of this agreement. I certify that I am the parent/guardian of the above named minor participant and I give consent for his/her participation in Mt. Cross adventure and/or challenge course activities.

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Name: _____